

**Boyton Primary School** 

# **Boyton Primary School Newsletter**

Friday 23rd February 2024







Dear Parents,

Welcome back to everyone after the half term break! We've had another busy week! We've been delighted to have several of our Year 6s from 8.15am this week – building their confidence in preparing for their KS2 SATS in a few months.

Mrs Gilman has also been really impressed with the determination shown and progress made by our Y5/6 swimmers! We're really keen to give our Y3s/4s the same opportunity and are just waiting for some dates.

We've been celebrating 'Boyton's Sustainability Week' in our assemblies recently and have had some really interesting discussions around what we can do to make a difference to Climate Change. The Y1s, 2s, 3s and 4s have been working on a beach inspired weaving project using items that were left for landfill – an old rabbit run and a couple of old bikes! We're hoping to exhibit our finished pieces in an Andaras 'Sustainability' exhibition in Launceston Town Hall in a couple of weeks. More information to follow!

We are really lucky to have Caja Parkes delivering a PE lesson each week this half term. Caja has represented Great Britain in mountain biking and has offered to run a mountain biking club after school each Thursday! For this, children would just need to bring a bike (It doesn't need to be a mountain bike) and a helmet – although we do have some spare. I will put up a list for children's names.

#### Dates for the diary:

**Monday 26<sup>th</sup> Feb –** Y5s/6s will be visiting the Woodland Skill Centre. Please can all children bring warm clothes/ hat/ scarf / wellies and a packed lunch.

**World Book Day** is also coming up on **Thursday 7**<sup>th</sup> **March.** This year, we're going to base it on the story, 'The Day the Crayons Quit' by Drew Daywalt. Instead of dressing up as favourite book characters, we would like the children to dress (head to foot – if possible!) in their favourite colour this year.

**Red Nose Day** – Friday 15<sup>th</sup> March (more information to follow)

As always, please don't hesitate to get in touch if you should have any worries or concerns. Best wishes,

Mrs Davies head@boyton.cornwall.sch.uk



## **Dates for Your Diary**

26<sup>th</sup> Feb – Y5/6 Woodland Skill Centre 7<sup>th</sup> March – World Book day Friday 15<sup>th</sup> March - Red Nose Day 20<sup>th</sup> March – Y2s, 3s and 4s trip to the climbing barn -Tavistock

More dates to follow!

## Forthcoming events

26<sup>th</sup> Feb – Y5/6 Woodland Skill Centre

## Brilliance at Boyton: This week's Stars



Acorn / Birch Fernley Sofia Hugo





**Chestnut** All of the year 5 and 6 swimmers Sybil Halle

Whole School to Date	94.5%
Acorns This Week	80.4%
Birch This Week	72.73%
Chestnut This Week	99.46%

#### **Useful Information**

#### Safeguarding

- All children have a right to be safe, no matter who they are or what their circumstances.
- Keeping children safe is everyone's responsibility.
- If you are concerned about a child, please speak to one of the Designated safeguarding Leads. If a child is in immediate danger contact the police on 999.



Katherine Davies Safeguarding Lead



Jane Gilman
Deputy Safeguarding Lead

#### **Useful numbers**

Early Help Hub	01872 322277
Citizens Advice	0344 411 1444
NSPCC	0808 800 5000
Childline	0800 1111
Addiction: Drug and Alcohol support	01579 340616 (24hrs)
Multi-Agency Referral Unit (MARU)	0300 123 1116 (If you are concerned about a child's safety)

## **School Clubs**

#### **Breakfast Club:**

At Boyton, we are really lucky to have a fantastic Breakfast Club run by Ms Walker. Children can be dropped off from 8.15am and have a choice of breakfasts including cereals, toast, etc. It costs £2 a session. If you would like to book your child in, please let Mrs Davies know.

secretary@boyton.comwall.sch.uk

After School Clubs Spring 2 Term 2024:

## Monday

Film Club

## Tuesday

Craft Club Limited to 12

## **Thursday**

Cycling / Mountain biking

### https://www.bbc.co.uk/news/technology-68225707

# How much time do UK children spend online?

Children aged eight to 17 spend between two and five hours online per day, research by the communications regulator Ofcom suggests. Time spent online increases with age.

Nearly every child over 12 has a mobile phone and almost all of them watch videos on platforms such as YouTube or TikTok.

Four in five teenagers who go online say they have used AI tools such as ChatGPT or Snapchat's MyAI.

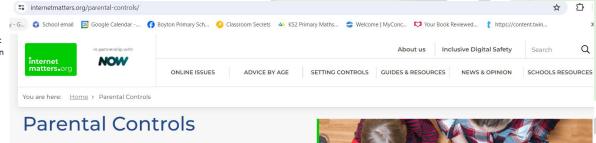
About half of children over 12 think being online is good for their mental health, according to Ofcom.

But there is a significant minority for whom that is not the case. One in eight children aged eight to 17 said someone had been nasty or hurtful to them on social media, or messaging apps.

https://www.internetmatters.org/parental-controls/

This is a really interesting article with a link to supporting parents in setting up parental controls.

# **Online Safety**



Give your child a safe space to explore their curiosity online.

Our step by step parental controls guides will help you to set up the right controls and privacy settings on the networks, gadgets, apps, and sites they use to give them a safer online experience.





# **February SEN Corner**





#### Typical Issues:

-My child will only eat a limited diet

-My child gags at mealtimes

-My child will only eat certain colour foods

-My child won't eat fruit or vegetables...

-My child smells their food all the time/inappropriately

-I wish my child would use their cutlery

-I wish my child could sit and eat with the rest of the family

 -I cannot take my child to a café/fast food/restaurant

-My child will not try new foods

-Why does my child eat until they are sick

-My child only eats snacks and not at mealtimes

#### Why?

Sensory - Many children with Autism Spectrum Disorder have Sensory Differences

- Oral sensory difference may lead your child to find some textures overwhelming. This is why they may only eat a limited range of foods, be reluctant to eat, will not try new foods and so on.
- Your child may find certain food colours disturbing, after certain experiences and similarly be drawn to certain colours or food types and textures – for example, choosing to only eat yellow foods.
- The temperature of the food may also present an issue.
   The child may only want food served hot or cold.
- It maybe that your child needs to explore or be with their foods before they eat or taste it. This maybe through touch, smell, licking and smearing.
- Your child may have a fear of food associated with toileting difficulties – for example, constipation.

Social Environment -Remember ASC is social disorder and eating is a social activity

-Eating in a social setting

- Is very demanding in terms of un-written rules (behave & how to talk) along with sensory issues that are involved
- Settings like cafes, fast food outlets, restaurants, canteens, school dining areas are loud, busy, and unpredictable with no written rules and very few visual prompts.

-Eating at the family meal table

- Distractions can influence behaviour: a TV, a games console can be much more interesting than PEAS.....I
- Does your child understand your family rules and routines?
   A fearful or bad experience can lead to many anxieties

## around meal times Motor Planning

Many children with Autism have...

- difficulties with motor co-ordination and planning which may make it difficult for your child to hold cutlery
- difficulties sitting for long periods and have difficulties with dining chairs.

#### Strategies:

#### SENSORY-

<u>Play food games</u>: using Jelly through a straw, chocolate spread finger painting, vegetable men, instruments, board games and painting...lt's ok to be messy.

 New foods: build in rewards, work slowly (a pea at a time)limit your expectations; small successes should be

3. A good role model: ignore negative behaviour, no matter how bad it becomes, bring in small choice options, interactive

tapas style meals, which encourage more interaction 4.A food diary: try a 2 week diary, observe reactions,

allergies, patterns, colours and intolerances

5.Cooking: involving your child in food preparation.

6.<u>Similar foods</u>: try introducing similar foods – for e. g., if they like Strawberries, will they eat something else Strawberry flavoured?

#### Social Environment

 -Scheduling / routines; keeping the family mealtimes as predictable as possible, keep distractions low, celebrate achievements/rewards after the meal time.

Restaurants; look on line for menu', create a visual menu with pictures to help your child understand the menu and interact. Help prepare your child, with small visits before, take photographs. Take some activities in your ba, as back up, set realistic goals and rules for a restaurant and home. It can be fun to play restaurants at home too!

-Time; what time are you going out, is it mealtime? A busy time? How long is your child expected to sit and wait for, how are you going to demonstrate this to them? .... A busy time is a noisy time.

BE REALISTIC IN YOUR EXPECTATIONS





# PTA Update

## Round -up

We had a good turnout of parents at our AGM on Friday, 26<sup>th</sup> January. Lots of fundraising ideas were discussed.

Roles:

Chairperson: Justine Rolfe

Vice Chairperson: Louise Cann

Treasurer: Gemma Horrell

Secretary: Lesley Martyn-Uglow

### **Future Events**

Next Meeting – Monday 19<sup>th</sup> February at 7.30 p.m. Boyton (Venue TBC) Please let someone know if you would like to attend.

Everyone welcome!

Please come along and help us draw up a plan of events and fundraising goals for the coming year.

Please see our Facebook Page for further details of each event:

**Boyton PTA Events** 

# Make a Difference Become a Parent Governor



#### Why become a Parent Governor?

Governors have an important part to play in helping schools to run effectively. They work as part of a team with the Head of School and school staff to help provide a happy, safe and thriving learning environment and an excellent education for all the children.

As a Parent Governor, you will be well placed to understand parents' views and have first-hand knowledge of how the school is run. You will have the opportunity to work toward improving the school experience not only for your own child but for children in years to come.

This voluntary role can be challenging yet extremely rewarding and is a great way to build on your personal and professional skills. You will be supported in the role through training and mentoring allowing you to use your knowledge and experience to the full extent.

#### What will you do?

You will work with the Local Governing Body (LGB) to develop the school's vision and priorities, review educational performance and make strategic decisions.

Parent Governors are representative parents rather than representatives of parents. You will not be expected to gather the views of other parents and take them to Governors meetings or to personally become involved in individual concerns. You will need to be able to present a balanced and impartial view, based on the benefits for all children.

Local governor meetings are held three times a year and may be combined with school visits focused on school priorities. You will receive reports from the headteacher and senior leaders and need to be able to question, challenge and support decisions. You will also be expected to visit the school as a governor which can be a quite different experience to visiting as a parent!

The governing body operates a code of conduct which sets an ethos of professionalism and high expectations of governors.

#### What are we looking for?

We need enthusiastic and committed parents from a variety of backgrounds. You do not need leadership or education experience; just a desire to give back to the school and its community and a proactive approach to becoming involved as a member of a team.

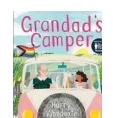
#### Next steps

If you are interested in finding out more, please contact Julia Stoneman Clerk to the Governors at clerkjstoneman@gmail.com



# **Acorn/Birch Class Update**

We've had a great week! We are really excited about introducing the 'Literacy Tree' approach to writing this week. With a high quality book as a starting point, children get the opportunity to write purposely in a range of genres, over a period of 2-3 weeks. We are all really enjoying the variety and it's been great seeing children using commas in a list, conjunctions etc!



It's also been super seeing the creativity and hearing the wonderful language used by our Reception children through 'Drawing Club' – it's certainly a lot more than just drawing!

In Maths, Reception have been developing their understanding of 'subitising'. This is the ability to instantly recognise the number of objects without actually counting them, and the Year 1s/2s have been using strategies such as sharing and grouping to build their understanding of division.

As always, please don't hesitate to get in touch if you should have any concerns or queries. Miss Cartmell and Mrs Davies













# **Chestnuts Class Update**

Chestnuts have had a great week! The year 5 and 6 swimmers have all made fantastic progress and demonstrated exemplary behaviour and manners during their swimming sessions.

In maths, we have started to measure accurately in cm and mm using rulers, as well as finding the perimeter of shapes.

As part of our Sustainability Week, Acorns and Birch children joined us to create some posters to help others to learn about what we can do to help to save our planet.

As our hook into our new history topic, The Trojan Horse, Kaja started with an amazing dance lesson where the children expressed themselves as Greek warriors – they were awesome!

We have been reading poetry during our guided reading sessions and the year 3s and 4s are really starting to show some attitude with their rapping skills!

We have been using the book, FArTHER as our starting point for Literacy this week, making predictions about characters and settings, as well as focusing our punctuation and grammar around it.

Maths homework has once again been set on Mirodo or SATs Companion for this week.

Please don't hesitate to get in touch if you have any queries. Have a great weekend everyone! Mrs. Gilman











# School Calendar 2023/2024

#### Cornwall Council

#### 2023/2024 School Term Dates for Community and Voluntary-Controlled Schools





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#### School holidays

Bank holidays	
Christmas Day	
Boxing Day	
New Years Day	
Good Friday	
Easter Monday	
May Bank Holiday	
Spring Bank Holiday	
Summer Bank Holiday	

CORNWALL

COUNCIL

#### AUTUMN TERM (72 days)

4 September - 19 December 2023 (HALF TERM 23-27 October 2023)

#### SPRING TERM (56 days)

4 January - 28 March 2024 (HALF TERM 12-16 February 2024)

#### SUMMER TERM (67 days) 15 April - 24 July 2024

(HALF TERM 27-31 May 2024)

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSE1). Schools allocate their own INSET days.

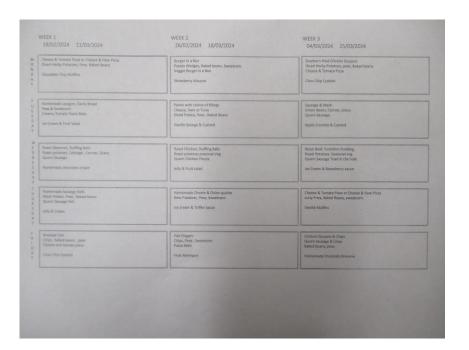


Tue

Wed

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# School Lunch Menu Second Half Spring Term



Everyday there is also the option of a Jacket Potato or Tomato Pasta

